

# Faith Lesson Plan and Faith Activity

## Signs of Grace (You are Loved) Session 2- The Last Supper

### Grade 2

#### Doctrinal Content

(CCC 1323, 1333, 1335-1342, 1373-1377)

#### Objectives

- Christ can do anything, even change bread and wine into his body and blood
- The miracle of changing water into wine at the Wedding of Cana shows that Jesus is the Son of God and points forward to the Eucharist
- At the Last Supper, Jesus institutes the Sacrament of the Eucharist
- Jesus tells the Apostles to celebrate the Eucharist in memory of him. It is continued in the Church today at the Mass
- Just as the Passover was one of the most important events in the Old Covenant, the Eucharist is the source and summit of our lives as Catholics in the New Covenant
- Real Presence means that the entire Person of the risen Jesus Christ is really present Body, Blood, Soul, and Divinity
- When the Priest says the words of Consecration, “This is my body” and “This is the chalice of my blood,” the bread and wine are changed into the body and blood of Christ
- Transubstantiation means that the bread and wine really change into Jesus’s body and blood

#### Let Us Pray

*Make the sign of the cross.*

**Say:** Dear Jesus, thank you for dying on the cross and rising from the dead to save me from my sins. Thank you for giving me your body and blood in the Eucharist. Please help me to always stay close to you. Amen. (Student guide pg 5)

*Pray the Act of Contrition*

*Make the sign of the cross.*

#### Memory Verse Review

*Encourage each child to recite from memory the verse from last week. Give a reward when appropriate effort is given to reciting the memory verse.*

“I am the bread of life. Your fathers are manna in the wilderness... I am the living bread which came down from Heaven.” (John 6:48-49,51)

## New Memory Verse

“For God so loved the world that he gave his only begotten Son, that whoever believes in him should not perish, but have eternal life.” (John 3:16)

**Saint of the Day** - Saint Clare of Assisi (1194-1253); Feast Day August 11th; Patron of Television & Computer Screens (*Student guide pg 29*)

**Display the following.**



- Saint Clare left her home at a young age to become a Nun and follow St. Francis of Assisi.
- One day an army of soldiers was marching to attack her town of Assisi where she and her sisters lived. Knowing the power of the Eucharist she took the Blessed Sacrament to a high wall that surrounded the town where the army could see it. The army ran away at once without hurting anyone.
- Saint Clare loved and trusted in the Eucharist because she knew that Jesus was truly present, just as he is in the Eucharist at Mass today.

**Say:** What is your favorite food? Good food helps us to grow healthy and strong. We need God to help our soul grow healthy and strong. Jesus came to give us the true food that we need. He said, “I am the bread of life” (Jn 6:35). In the Eucharist, Jesus gives us his body and blood for spiritual food because he wants to be close to us and share his life with us. We need regular food for our bodies. We need the spiritual food of the Eucharist for our souls.

## Let's Watch

**Watch:** Be His Friend. <https://watch.formed.org/signs-of-grace/season:2/videos/you-are-loved-ep-2> (3:15)

**Ask:** (*encourage the Children to answer*)

What did Jesus do at the Last Supper? Jesus gave himself to us in the Eucharist as spiritual food for our souls. The Last Supper was the first Mass, and at every Mass we can receive Jesus into our souls just like the Apostles did at the Last Supper.

Why did Jesus give us the Eucharist? So that he could be close to us and stay with us always.

How is Jesus our best friend? Answers will vary. Jesus is our best friend because he made us and died to save us. Jesus is also our friend because he is always with us and will never leave us. Jesus always knows what is best for us and will never lead us astray.

How do YOU know that Jesus is YOUR friend? Answers will vary. Jesus is there when I am scared. Jesus helps me when it is hard to be nice. Jesus always listens when I talk to him.

## Let's Learn About Our Faith *(Student Guide pg 22-25)*

**Say:** Jesus performed many miracles. He walked on water, healed the sick, forgave sins, and provided food for people. These miracles helped people and showed them God's great love for them. They also showed that Jesus is God, and he can do anything.

Jesus's very first miracle was to change water into wine at the wedding feast of Cana.

**Ask:** Does this remind you of anything? Anything else that Jesus changes? *The Eucharist. Bread into his body and wine into his blood.*

**Say:** Jesus is the Son of God, and the Bible tells us that nothing was created without him. If he created everything, then he can change one thing into another thing- just like he changed water into wine. Jesus's first miracle points to an even greater miracle. In the Eucharist, Jesus changes bread and wine into his body and blood.

**Ask:** Who remembers what Passover is? *The Jewish people celebrate their freedom for slavery and death in Egypt.*

**Say:** The Jews celebrate Passover every year as a **MEMORIAL** meal. They remember how God saved his people from slavery in Egypt. At the Last Supper, Jesus changed the Passover meal into something very new and special by **INSTITUTING** the Eucharist. The Eucharist is a memorial of Jesus's Suffering, Death, Resurrection, and Ascension into Heaven. By these saving events, called the **PASCAL MYSTERY**, Jesus saves us from slavery to sin and death. In the **MASS**, in a mysterious way, the sacrifice of Jesus becomes really and truly present to us.

This means that when we go to Mass, we are with Jesus at the Last Supper, and we are with him at the foot of the cross. We also share in his glorious Resurrection and Ascension into Heaven.

The feast of Passover was one of the most important celebrations in the Old Covenant. In the New Covenant, the Eucharist is the source and summit of our life as Catholics because it unites us with Jesus's sacrifice of love.

**Ask:** What event is made present to us at Mass? *The Last Supper and Jesus's sacrifice on the cross.*

**Say:** Now this is the most important part of today's lesson, so listen up. The bread and wine that are given to the priest are really changed into the body and blood of Jesus. We call this change **TRANSUBSTANTIATION**. It means that the Eucharist can still look like bread, taste like bread, smell like bread, but it *is* Jesus. Transubstantiation happens when the priest says the **WORDS OF CONSECRATION**: "This is my body" and "This is the chalice of my blood." As Catholics, we believe in the **REAL PRESENCE** of Jesus in the Eucharist. This means that we believe that the bread and wine are really and truly Jesus's body, blood, soul, and divinity. That whether you consume a crumb of the Eucharist or consume every piece in the bowl, you are consuming Jesus and all of Jesus. Jesus gave us this gift so he could be close to us and feed our souls.

At the Last Supper, Jesus made the Apostles the very first priests. This is why only Catholic priests who have been validly ordained by a Catholic bishop in the line of the Apostles, can celebrate Mass. Jesus acts in a special way (like the Sacrament of Reconciliation) to change the bread and wine into his body and blood. Even though we see and hear the priest, it is Jesus who offers the sacrifice of the Eucharist through the ministry of the priest.

### Key Words

**Mass:** The liturgy in which we celebrate the Sacrament of the Eucharist; the bread and wine are changed into the Body and Blood of Christ, which we receive in Holy Communion

**Instituting:** To start or create something that is going to continue. Christ instituted the Eucharist at the Last Supper.

**Memorial:** A celebration that helps us remember an important past event. The Mass is a memorial that makes present the sacrifice of Jesus on the cross.

**Pascal Mystery:** Christ's work of redemption, made possible by his Passion (suffering), Death, Resurrection, and Ascension into Heaven.

**Covenant:** A sacred relationship with God that makes us part of God's family.

**Transubstantiation:** The change of the bread and wine into the Body and Blood of Christ, which occurs when the priest says the words of consecration.

**Real Presence:** The reality that Jesus is truly present- Body, Blood, Soul, and Divinity- in the Eucharist.

**Words of Consecration:** The words that Jesus spoke at the Last Supper- "This is my Body" and "This is the chalice of my Blood"- which the priest repeats during Mass and causes the bread and wine to become the Body and Blood of Christ.

**Let's Do Activities** (*Student guide pg 26 and 27 {if there is time}*)

**Display & Complete the Following**

# Jesus Is Really Present

What is the most important part of our Catholic Faith? Complete the dot-to-dot and see! Then decode the sentence below.

2 = A	19 = O
4 = B	22 = R
6 = D	25 = S
9 = E	28 = T
12 = I	29 = U
15 = L	31 = W
16 = N	33 = Y

When the 4 22 9 2 6 and 31 12 16 9 are changed  
 into Jesus's 4 19 6 33 and 4 15 19 19 6, this is called

28 22 2 16 25 29 4 25 28 2 16 28 12 2 28 12 19 16

## The Last Supper

Fill in the blank with the correct answer.

\_\_\_\_\_ What were Jesus and the Apostles celebrating at the Last Supper?

- A. Jesus's birthday      B. The Passover meal      C. The New Year

The Words of Consecration repeat the words Jesus prayed over the \_\_\_\_\_.

- A. leg of lamb      B. bread and wine      C. water

\_\_\_\_\_ When the bread and wine change into the Body and Blood of Jesus, this is called:

- A. Transubstantiation      B. Holy Scripture      C. Confession

\_\_\_\_\_ Jesus is truly present in the Eucharist in what way?

- A. In our imagination      B. Just as a symbol      C. Body, Blood, Soul, and Divinity

Only a \_\_\_\_\_ can change the bread and wine into Jesus's Body and Blood.

- A. priest      B. deacon      C. altar server

Holy \_\_\_\_\_ is another name for the Eucharist.

- A. Communion      B. water      C. Scripture

The Eucharist is food for our \_\_\_\_\_ and fills us with grace.

- A. bodies      B. minds      C. souls

### Do you recall the memory verse?

“For God so loved the world that he gave his only begotten Son, that whoever believes in him should not perish, but have eternal life.” (John 3:16)

## Faith Activity- Share the love of Jesus relay race (teacher guide pg 115)

### Share the Love of Jesus Relay Race

#### Materials Needed:

- 2 paper plates glued to tongue depressors to represent patens
- 2 red balloons with a heart drawn on each

Discuss with the students that Jesus loves us all so much that he wants to share himself with us. He wants to give us all that he has just because he loves us so much! Here is a way to lead into this conversation:

- **What would you do if you had a million dollars? What fun stuff would you buy for yourself?**
- **Would you try to give your loved ones things that would make them truly happy? Would you want them to know how much you love them?**
- **Jesus gives us himself completely in the Eucharist so that we can know his love and so that we will have the grace to give Jesus's love to others.**

Explain that in this game, the red heart or balloon represents the love of Jesus that we receive when we receive Holy Communion. The paten cardstock cut-out, or plate, represents the paten on which the priest places the Host.

Help students form two teams and line up on one end of the room or hallway. The first person in each line will walk to the opposite end of the room, touch the wall, and return carrying the heart of Jesus on the paten, spreading the love of Jesus to the next person in line until every student has had a turn. There's only one rule: anyone who drops a heart has to try again!