

Faith Lesson 20 - Grades 1 & 2 - It's Only the Beginning

First Reconciliation

Resource: Dynamic Catholic

[First Reconciliation Student Workbook](#)

[First Reconciliation Parent's Guide](#)

Link to videos: <https://dynamiccatholic.com/blessed/program-view/first-reconciliation/session-6>

We used session 6 episodes 2,3&4. We have limited time in class for watching videos, but I encourage you to watch all the Session 6 videos with your child(ren).

Lesson

Opening Prayer:

God, our loving Father, thank you for all the ways you bless me. Help me to be aware that every person, place, and adventure I experience is an opportunity to love you more. Fill me with a desire to change and to grow and give me the grace to become the-best-version-of-myself in every moment of every day. Amen.

Say: Remember last week we talked about the Sacrament of Reconciliation. Some of you were not able to come to the in-person lesson and it never hurts to review so we are going to talk a little bit about it.

Ask: Does anyone remember the step to going to confession?

It is very important to prepare yourself each time you go to confession. There are 5 steps to confession.

1. Examination of Conscience (by examining our conscience, we become aware of our sins)
2. Confession (We say sorry to God for our sins through the priest who is God's representative)
3. Penance (This is how we show God that we really are sorry. It may be prayers or kind acts)
4. Contrition (Say the Act of Contrition promising not to sin anymore)
5. Absolution (The Priest acting as God's representative forgives all your sins)

Ask: Does anyone have any questions about your first reconciliation?

Do you think this will be your first and only time to go to reconciliation? (No)

Say: No, this should not be the only time you receive the Sacrament of Reconciliation. It is very important that we recognize when we hurt God and others. We need to take ourselves to Jesus in the Sacrament of Reconciliation to tell him that we are sorry.

We go to confession to tell God we are sorry for hurting him and hurting other people. But what if you only talked to your friend to say, "I'm sorry"? Would that person really be your friend or just someone you know? It is important to talk to God every day, not just in

confession. We do this through prayer. In prayer, we become best friends with God and learn what his will is for our lives.

In this episode, Fr. Tom and Ben have a great conversation about all the ways we can hear God's voice in our lives.

Watch: "God's Will and Happiness" (Blessed 1st reconciliation 6:2, 4:18)

<https://www.dynamiccatholic.com/first-reconciliation/blessed-program-view-first-reconciliation-session-6-2.html>

Ask:

- How does God speak to you?

Say: Has anyone ever really taught you to pray? I did not learn how to really pray until I was mostly grown up. I mean I knew a lot of prayers, like the Hail Mary, Our Father, Glory Be, Act of Contrition, etc., but I had not learned how to really talk to God and listen to what he wanted to tell me. I wish someone would have taught me what you are going to see in this episode when I was younger.

Watch: "Prayer Process" (Blessed 1st reconciliation 6:3, 7:45)

<https://www.dynamiccatholic.com/first-reconciliation/blessed-program-view-first-reconciliation-session-6-3.html>

Ask:

- What was your favorite part of the prayer process?
- Do you already do part of the prayer process?

Say: Prayer needs to become more than something you do every now and then because your parents tell you to. It needs to become a habit. Great habits help us to become the best versions of ourselves. They help us become saints and go to Heaven. In this episode, Ben and some of his friends share with us some of their favorite habits.

Watch: "Power of Good Habits" (Blessed 1st reconciliation 6:4, 5:10)

<https://www.dynamiccatholic.com/first-reconciliation/blessed-program-view-first-reconciliation-session-6-4.html>

Ask:

- What are some good habits you have?
- What do you think is the most important habit? (Mass, prayer, etc.)

Closing Prayer:

Act of Contrition

O my God, I am heartily sorry for having offended You. And I detest all my sins because of Your just punishments, but most of all because they offend You, my God, who are all-good and deserving of all my love. I firmly resolve with the help of Your grace to sin no more and to avoid the near occasion of sin. Amen.

Faith Activity

Five-Finger Prayer Game

To do the Five-Finger Prayer Game, have the children hold their hands together in a posture of prayer, using each finger as a prayer guide. You can reinforce the prayer concepts by explaining how each finger works as a reminder: the thumb is positioned closest to us, the pointer finger gives direction, the middle finger stands above the others, the ring finger is weaker than most of the others, and the pinky is the smallest.

- **Thumb:** Say a prayer for those closest to you.
- **Pointer:** Say a prayer for school teachers and religious education teachers..
- **Middle:** Say a prayer for the president and the country.
- **Ring:** Say a prayer for a sick person or someone with a serious need.
- **Pinky:** Say a prayer for yourself.

Show What You Know

True or False

1. ___ You are blessed to have God as your Father.
2. ___ Prayer helps you discover God's will for your life.
3. ___ Jesus always went to a loud place to speak with God.
4. ___ God wants to tell you something every time you go to Mass.
5. ___ Gratitude fills us with joy.
6. God wants us to do things that are _____ and avoid _____ choices.
7. Jesus is your _____ and _____.
8. One great way to have a daily conversation with God is by using the _____.
9. The champions of our Catholic faith become saints by having great _____.
10. The best way to begin each day is by being _____.

Fill in the blank

1. Doing God's will leads to happiness in this life and _____ for eternity with God in heaven.
2. God wants to _____ you in a thousand different ways so you can live a fabulous life.
3. It is by doing God's will that you become _____.
4. The more you embrace the habit of daily _____ the more blessed you will become.
5. As you grow in _____ you will discover that you are happiest when you are trying to do God's will.

Word Bank

BLESS GOOD BAD HABITS WISDOM SAVIOR PRAYER FRIEND
THE-BEST-VERSION-OF-YOURSELF PRAYER PROCESS HAPPINESS GRATEFUL



Show What You Know

True or False

1. T You are blessed to have God as your Father. (p.179)
2. T Prayer helps you discover God's will for your life. (p.180)
3. F Jesus always went to a loud place to speak with God. (p.188)
4. T God wants to tell you something every time you go to Mass. (p.187)
5. T Gratitude fills us with joy. (p.181)
6. God wants us to do things that are good and avoid bad choices. (p.184)
7. Jesus is your friend and Savior. (p.179)
8. One great way to have a daily conversation with God is by using the Prayer Process. (p.182)
9. The champions of our Catholic faith become saints by having great habits. (p.184)
10. The best way to begin each day is by being grateful. (p.190)

Fill in the blank

1. Doing God's will leads to happiness in this life and happiness for eternity with God in heaven. (p.180)
2. God wants to bless you in a thousand different ways so you can live a fabulous life. (p.179)
3. It is by doing God's will that you become the-best-version-of-yourself. (p.180)
4. The more you embrace the habit of daily prayer the more blessed you will become. (p.180)
5. As you grow in wisdom you will discover that you are happiest when you are trying to do God's will. (p.187)

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