

Faith Lesson 17 - Grades 1 & 2 - The Best Version of Yourself

First Reconciliation

Resource: Dynamic Catholic

[First Reconciliation Student Workbook](#)

[First Reconciliation Parent's Guide](#)

Link to videos: <https://dynamiccatholic.com/blessed/program-view/first-reconciliation/session-2>

Opening Prayer:

God, our loving Father, thank you for all the ways you bless me. Help me to be aware that every person, place, and adventure I experience is an opportunity to love you more. Fill me with a desire to change and to grow and give me the grace to become the-best-version-of-myself in every moment of every day. Amen.

Say: We have talked a little bit about saints, like Mother Teresa. Maybe you have a favorite saint, like St. Michael the Archangel or St. Maria Goretti or St. Nicholas.

Ask: What do the saints have in common? What makes a person a saint? (They loved God and tried to always follow His will. They are in Heaven with Jesus)

Say: God wants all of us to go to Heaven to be with Him. He wants us to know that He loves us, and he wants us to love him in return. Now we are going to talk about somethings that will help you to become a saint or as the videos say to become “the-best-version-of-yourself”.

Say: We are blessed because God gave us life. We are also blessed because God loves us and gave us free will. Who remembers what it means to have free will? (it is a gift that allows us to make our own choices). God hopes that we will use our free will to do what is good and right because He knows that is what is going to make us the happiest. God wants us to become good decision makers. To learn to say yes with God and to say no with God.

Ask: What is one way you have used your free will this week?

Watch: “Making Good Decisions” (Blessed 1st reconciliation session 2:2, 6:55)

<https://www.dynamiccatholic.com/first-reconciliation/blessed-program-view-first-reconciliation-session-2-2.html>

Ask:

- Will God ever give up on you? Did he ever give up on His people? (God did not give up on his people. Even though they had turned their backs on Him and sinned against Him. Even though they were not being the best-version-of-themselves, He gave them another chance.)

- God spoke to Moses through a burning bush, do you think God still speaks to us today? How? (prayer, the bible, other people, etc.)

Say: God gave us the 10 commandments to help us do what is good and right. Let us review the 10 commandments and what they mean.

- Only God can be God
- Be respectful of God's name.
- Go to Mass on Sunday and pay attention
- Listen to your parents and respect all adults
- Respect all life
- Keep your promises to God and one another
- If it is not yours, do not take it without permission
- Do not lie or say bad things about others
- Be happy with who you are. Respect and take care of your body.
- Do not be jealous of what others have

Let us watch this next video where Hemingway tries to eat a plate of cupcakes without permission from Sarah.

Watch: "Sin, Temptation, and Grace" (Blessed 1st reconciliation 2:4, 8:50)

<https://www.dynamiccatholic.com/first-reconciliation/blessed-program-view-first-reconciliation-session-2-4.html>

Ask:

- How can we overcome temptation and do what we know is right? (turn to God in prayer)
- When is a good time to pray? (anytime, before eating, when we wake up, before bed, anytime you need to make a decision, etc.)
- What is sin? (purposefully making bad choices and breaking one of God's commandments, remember a mistake or accident is not a sin)
- What is grace? (the help God gives us to do what is good and right)

Watch: "Follow your Conscience" (Blessed 1st reconciliation 2:6, 6:18)

<https://www.dynamiccatholic.com/first-reconciliation/blessed-program-view-first-reconciliation-session-2-6.html>

Ask:

- How can you make a good decision when you do not know what to do? (Find a quiet place and ask yourself what your conscience is saying, think about the 10 commandments, ask someone for advice, and pray to the Holy Spirit to help you make the best decision)

Say: Remember God wants us to become great decision makers so that we can be happy here on earth and in heaven with Him. He will help us if we ask him.

Closing Prayer:

Angel of God Prayer

Angel of God, my guardian dear,
to whom God's love commits me here,
ever this day be at my side,
to light and guard, to rule and guide.
Amen.

Activity

Ten Commandments (Laws of Love) Pick-Up Sticks

Items Needed:

Popsicle Sticks

Pen or Magic Marker

List of Ten Commandments (Laws of Love)

Before playing pick-up sticks, Write the numbers 1-10 on popsicle sticks. Repeat each number a few times to extend the game. As students successfully retrieve sticks from the pile, they will need to identify which commandment matches the number on their stick.

Show What You Know

True or False

1. ____ We are always happier when we walk in God's ways.
2. ____ If we love God with all our hearts, souls, and minds we won't listen to him.
3. ____ One of the most powerful ways we show God we love him is by being mean to other people.
4. ____ God is constantly trying to show us the best way to live.
5. ____ God has a marvelous plan for you and your life.

Fill in the blank

1. God wants you to become a great _____.
2. One of the greatest blessings God has given you is the ability to make _____.
3. God loves you so much that he blesses you with _____.
4. The best way to deal with sin is to go to _____.
5. By guiding us to make great decisions, God's laws are designed to help us live _____ and _____ lives.

6. The path to happiness begins with saying _____ with God and _____ with God.
7. The best way to deal with temptation is to turn to God in _____ and ask him for his help.
8. Following our conscience makes us _____ and ignoring our conscience makes us restless and _____.
9. God's _____ helps us to become the-best-version-of-ourselves.
10. Our God is a God of _____ chances.

Word Bank

PRAYER	HOLY
HAPPY	FREE WILL
YES	NO
GRACE	RECONCILIATION
DECISION MAKER	CHOICES
SECOND	UNHAPPY
HAPPY	



Show What You Know

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2. F If we love God with all our hearts, souls, and minds we won't listen to him.
3. F One of the most powerful ways we show God we love him is by being mean to other people.
4. T God is constantly trying to show us the best way to live.
5. T God has a marvelous plan for you and your life.

Fill in the blank

1. God wants you to become a great Decision Maker.
2. One of the greatest blessings God has given you is the ability to make Choices.
3. God loves you so much that he blesses you with Free Will.
4. The best way to deal with sin is to go to Reconciliation.
5. By guiding us to make great decisions, God's laws are designed to help us live Happy and Holy lives.

6. The path to happiness begins with saying Yes with God and No with God.
7. The best way to deal with temptation is to turn to God in Prayer and ask him for his help.
8. Following our conscience makes us Happy and ignoring our conscience makes us restless and Unhappy.
9. God's Grace helps us to become the-best-version-of-ourselves.
10. Our God is a God of Second chances.

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