

Faith Lesson 16 - Grades 1 & 2 - You are Blessed!

First Reconciliation

Resource: Dynamic Catholic

[First Reconciliation Student Workbook](#)

[First Reconciliation Parent's Guide](#)

Link to videos: <https://dynamiccatholic.com/blessed/program-view/first-reconciliation/session-1>

We used session 1 episodes 2,5,6 in this lesson. We have limited time in class for watching videos, but feel free to watch all the episodes from session 1 with your children.

Opening Prayer: We are going to pray Mary's prayer of gratitude, called the Magnificat: My soul proclaims the greatness of the Lord, and my spirit rejoices in God my savior, for He has looked with favor on me. From now on all generations will call me Blessed. For the mighty one has done great things for me, and holy is his name. (adapted from Lk 1:46-49)

Say: Today is a very special day, because today you start preparing yourself in a special way to receive the Sacraments of Reconciliation and Eucharist. We will start focusing on this here at CCD, but you should also start to prepare yourselves at home with your parents. We are going to start watching some video to help you as well. We are going to watch a few videos today and then we will talk about them and I will ask some questions to see if you were paying attention.

Say: We are going to start this journey toward your first reconciliation and communion by getting something very clear. You are loved by God and you are the son/daughter of the great King. You may not realize it yet, but this very important to know and believe. Let us watch a few videos to help you understand how blessed you are.

Watch: "You are blessed" (Blessed 1st reconciliation session 1:2, 3:35)

<https://www.dynamiccatholic.com/first-reconciliation/blessed-program-view-first-reconciliation-session-1-2.html>

Ask:

- What does it mean that you are blessed? (God loves you and showers gifts on you)
- What is the greatest gift you have received? (life)
- Why is this the greatest gift? (because all other gifts are from life)

Say: You have all probably heard people say to count your blessings, right? Well, it can actually help us to see how much God loves us if we make lists to gifts or blessings God has given us. So, let us try to make a list of 30 blessings in our lives.

Write a list of blessings

Watch: “Gratitude” (Blessed 1st reconciliation 1:5, 3:38)

<https://www.dynamiccatholic.com/first-reconciliation/blessed-program-view-first-reconciliation-session-1-5.html>

Ask:

- What story from the bible did we just hear? What happened? (10 lepers were cured, only 1 returned to thank Jesus)
- What are some of the lessons we learn from the 1 leper who returned? (Be grateful when God blesses you, it is important to say “thank you” to God, do not put off important things, Gratitude brings Joy and Happiness)

Say: God’s Blessings are one of the ways he shows us his love for us. God is a loving father who gives us good things. When we look at all the things and people that God has given to us, it helps us to understand who God is and what he wants for us.

Say: Whenever we hear a reading from scripture/the bible, we should take some time to reflect on what God is trying to teach us or tell us. This is something that takes practice, so maybe asking your parents to help you by asking questions or talking about it can be a good place to start. We should also make a habit of thinking about the blessings God has given us and thanking him every day.

Watch: “I am blessed. I am grateful.” (Blessed 1st reconciliation 1:6, 5:47)

<https://www.dynamiccatholic.com/first-reconciliation/blessed-program-view-first-reconciliation-session-1-6.html>

Ask:

- What happened in this episode? (Ben tries to reach Tiny by listening to Sarah’s voice)
- What the perfect response to God’s gifts? (Be grateful and share the blessings with others)

Say: God gives us many gifts, but He does not just want us to hoard them for ourselves. God wants us to share our gifts with other people to help them know His love, to help them to become the best versions of themselves, and to bring us Joy.

Closing Prayer: O Lord my God, thank you for all the ways you have blessed me in the past, all the ways you are blessing me today, and all the ways you plan to bless me in the future. I know you have great plans for me. Help me never to doubt you.

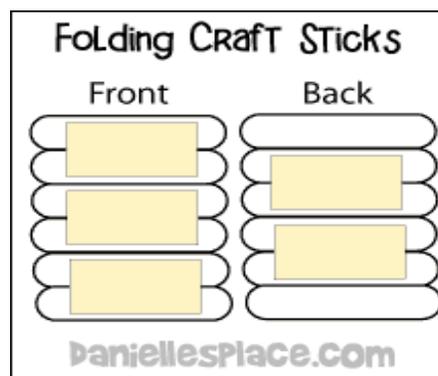
Faith Activity

We will make the “count your blessings” folding hangers during the lesson in the classroom. (Supplies: popsicle sticks, masking tape, markers, string).



How to Make the Folding Craft Stick Canvas:

1. Place two sticks together, side by side, long ways, and tape them together covering both the sticks with the tape.
2. Turn the two sticks over.
3. Place another craft stick next to and below the two sticks that you taped together. Use another piece of tape to tape the bottom two sticks together.



4. Turn all three sticks over and place another stick at the bottom of the row and tape the last two sticks together. Keep going until you have a whole row of sticks.

5. You can also cover the first and last stick in the row by placing tape over the stick and then folding it back over the stick. It is easier to write on the tape than the craft stick. The ink soaks into the sticks and blurs.

6. Write "Count Your Blessings" on the top craft stick and then number the rest of the craft stick. List your blessings on each stick and then decorate the sticks.

7. Glue a ribbon on the top of the row of craft sticks.

Show What You Know



True or False

1. ____ You are on a great journey with God.
2. ____ You have nothing to be grateful for.
3. ____ Gratitude is the worst response to any blessing.
4. ____ God wants you to become the-best-version-of-yourself.
5. ____ God loves a grateful heart.

Fill in the blank

1. The greatest blessing God has ever given you is _____.
2. When we count our blessings, we become full of _____ and _____.
3. The _____ is the largest and most famous family in the world.
4. _____ is the beginning of your new life in Jesus.
5. _____ reminds us that in Baptism God blessed us with a special mission and filled us with the Holy Spirit.

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Fill in the blank

1. The greatest blessing God has ever given you is Life.
2. When we count our blessings, we become full of joy and gratitude.
3. The Church is the largest and most famous family in the world.
4. Baptism is the beginning of your new life in Jesus.
5. Confirmation reminds us that in Baptism God blessed us with a special mission and filled us with the Holy Spirit.