

Faith Lesson Plan and Faith Activity

Chapter 4 - God the Father

Grades 1 & 2

Doctrinal Content

- God the Father is the First Divine Person of the Holy Trinity. (CCC, 254)
- Jesus taught us that God the Father loves and cares for us. (CCC, 322)
- We rely on God the Father, praying to him and trusting he will provide what we need. (CCC, 2779-2781)
- Prayer is talking and listening to God. (CCC, 2590)

Invite - Let Us Pray

Invite the young people to gather in the prayer space and make the sign of the Cross. Read aloud the leader's prayer. Proclaim the verse from Psalm 2:7 together. Have the young people move out of the prayer space and back to their seats.



Leader: God, you call us to be your children.

God said to me: "You are my child;
today I have created you." **Based on Psalm 2:7**

All: God, please bless us today and every day. Amen.

Say: God's Word is what we hear and read in the Bible.

Guide the young people through the process of Scripture reflection below.

Invite them to close their eyes, be still, and open their minds and hearts to what God is saying to them in this passage.

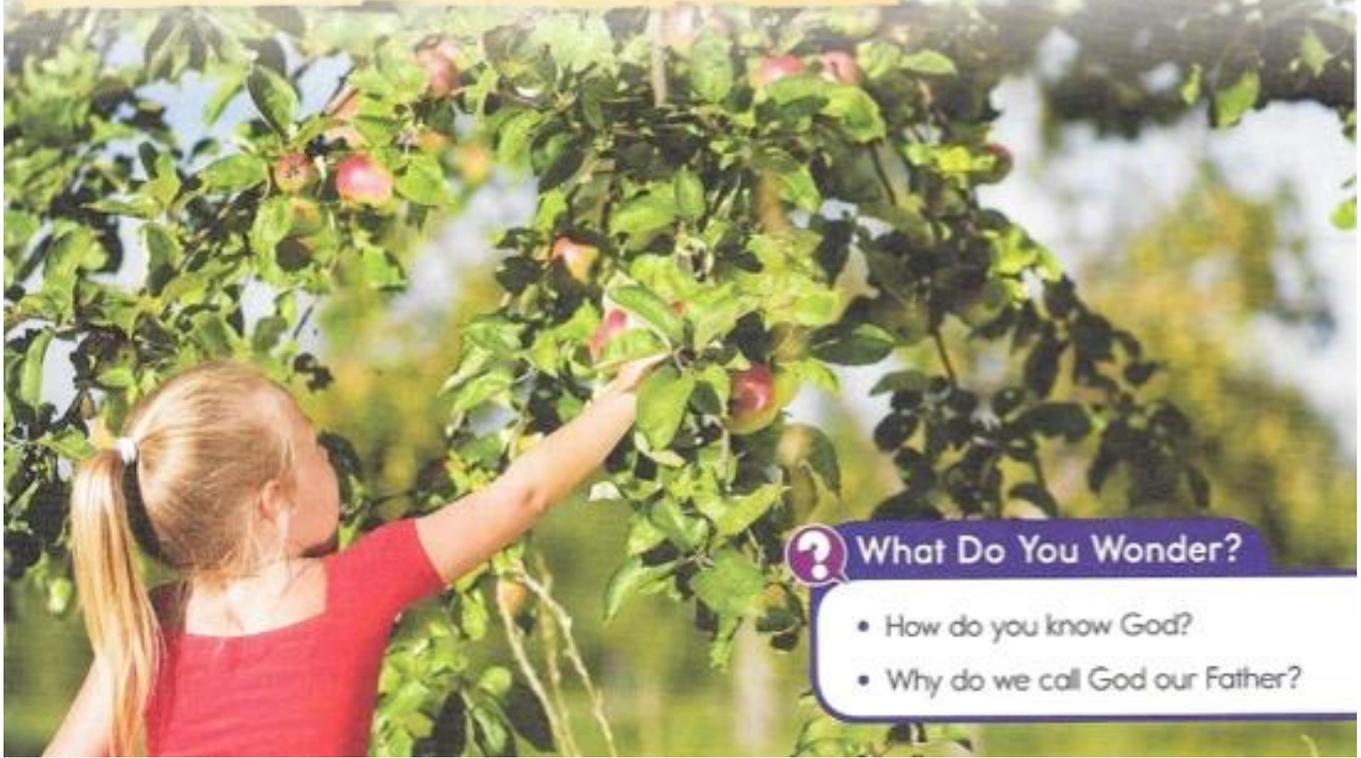
Proclaim the Scripture.

Maintain several moments of silence.

Display and Read the following.

God's Word

"...do not seek what you are to eat and what you are to drink, and do not worry anymore. All the nations of the world seek for these things, and your Father knows that you need them. Instead, seek his kingdom, and these other things will be given you besides." *Luke 12:29-31*



What Do You Wonder?

- How do you know God?
- Why do we call God our Father?

Ask: What did you hear God say to you in the Sacred Scripture reading? (Engage the children to respond.)

Say: God, our Father knows what we need. If we trust in God, we don't need to worry. Let's respond to the questions in the "What Do You Wonder?" section.

Ask: What else they might wonder about God's life and love and how he shares them with us. (Engage the children to respond.)

Discover (1)

Objectives

- Name God the Father as the First Divine Person of the Holy Trinity.
- Understand that God loves and cares for us.

Display and Read the following

Ask: How does God care for you and me?

Say: Let's read a story about a saint named John Bosco who modeled God's love for us throughout his life.



Care for God's Children

How does God care for you?

This is a story about a priest who made a home for children in need.

Saint John Bosco

Lorenzo and Giovanni huddled alone in the shadows. They heard mothers and fathers calling for their children. Nobody called their names. Father John Bosco found the boys cold and in the dark. They told Father John that many other children lived alone on the streets.

"I will start a home for the children of the streets. I will teach them how to read, fix things, and pray," said Father John.

Father John helped many homeless children to feel loved. He taught them that God is everyone's Father. He led a holy life and after he died, he was named a **Saint**.

Catholic Faith Words

Saint a hero of the Church who loved God very much, led a holy life, and is now with God in Heaven

God the Father the First Divine Person of the Holy Trinity

Ask: What do you think Father John's home for children was like?

Say: Father John Bosco treated the young children like they were his own. He showed them love and taught them about God, like Jesus did. Let's watch this video about Fr. Bosco:

<https://youtu.be/Sf2qJZqwiBs>

Ask: How do you know that God cares for you? (Engage the young people to respond.)

Say: Jesus taught about his Father's great love. You call God "Father" because he created you and cares for you. He cares for everyone. God the Father loves you as a good parent does.

Work with Words

Review the Catholic Faith Words on page 3.

Quick Review

Say: God the Father is the First Divine Person of the Holy Trinity. He loves us and cares for us more than a good parent does.

Discover (2)

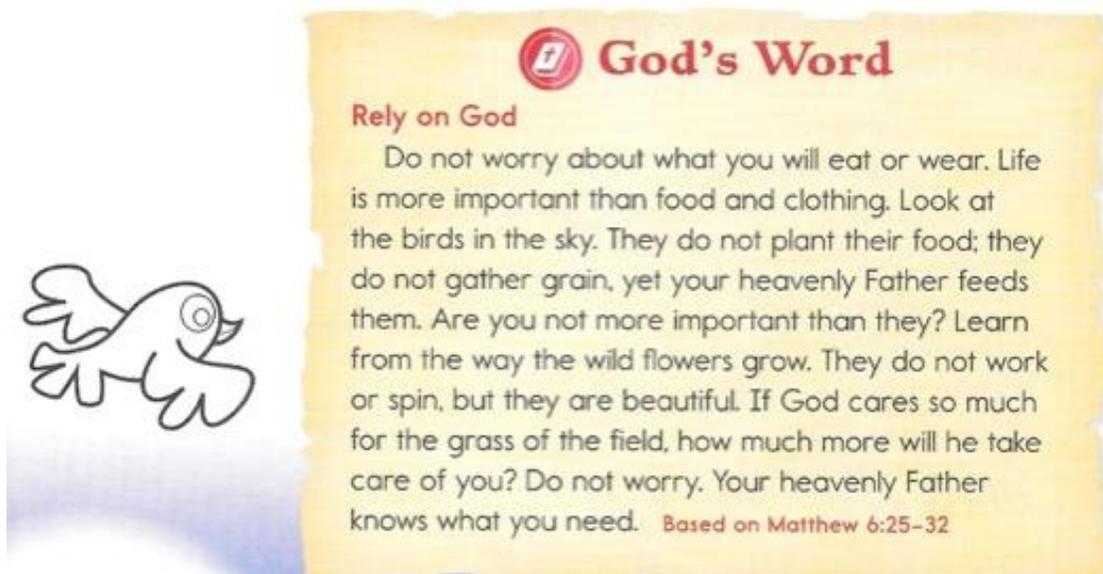
Objectives

- Begin to develop a capacity to trust and rely on God the Father.
- Understand that prayer is talking and listening to God.

Say & Ask: Jesus told people not to worry too much. He said that God the Father wants you to have everything that you *need*, but not necessarily everything that you *want*. So, what is the difference between a need and a want?

Say & Ask: So, we must trust in God. What does it mean to trust in God?

Display and Read the following



God's Word

Rely on God

Do not worry about what you will eat or wear. Life is more important than food and clothing. Look at the birds in the sky. They do not plant their food; they do not gather grain, yet your heavenly Father feeds them. Are you not more important than they? Learn from the way the wild flowers grow. They do not work or spin, but they are beautiful. If God cares so much for the grass of the field, how much more will he take care of you? Do not worry. Your heavenly Father knows what you need. *Based on Matthew 6:25-32*

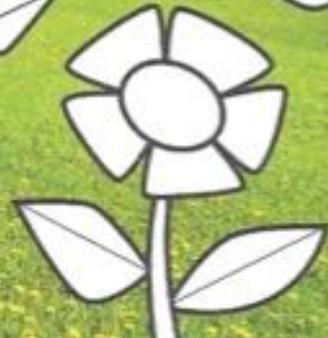
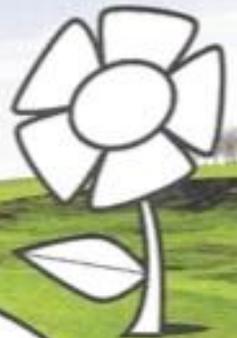
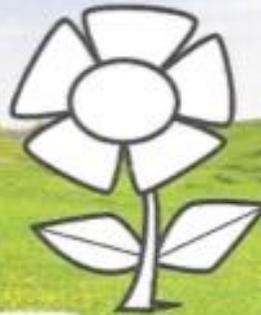
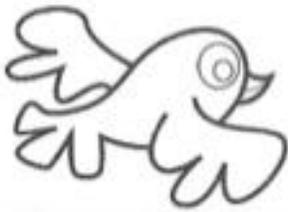
Faith Activity

Print this page and distribute to the young people. See directions by the star below.

God's Word

Rely on God

Do not worry about what you will eat or wear. Life is more important than food and clothing. Look at the birds in the sky. They do not plant their food; they do not gather grain, yet your heavenly Father feeds them. Are you not more important than they? Learn from the way the wild flowers grow. They do not work or spin, but they are beautiful. If God cares so much for the grass of the field, how much more will he take care of you? Do not worry. Your heavenly Father knows what you need. **Based on Matthew 6:25-32**



1. Color the flowers and the birds.
2. Draw yourself into the picture.

Keep this Scripture and picture as a reminder of the Father's Love for you.

Say: Jesus told his followers to pray to the Father for whatever they might need. In your *prayer*, you will be talking to and listening to God the Father as Jesus did. Sometimes we say God or Lord when we pray to God the Father.

Say: Jesus knew that you can always *trust* God. You can always depend on God and know that he wants what is best for you. God, our loving Father, is always listening.

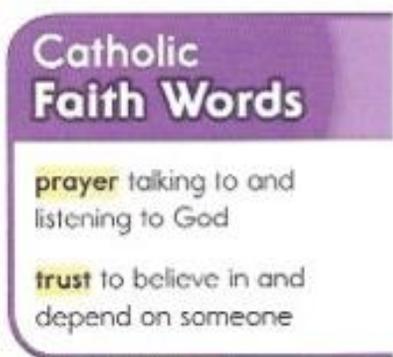
Print page 7 beforehand and distribute to the young people.

Ask: Do you know the name of the prayer that Jesus taught us?

Say: Let's work the word scramble at the top of page 7 to answer that question.

Work with Words

Review the following Faith Words



Ask: What does it mean to have trust?

Say: When you love or respect someone, you trust in him or her. You believe that the person will do what is best for you. You know you can depend on that person in good times and bad times.

Say: Sometimes, people you trust may let you down, even though they do not mean to do so. That is because we are human. But you can always depend on God. You are his child. He is with you every day. You can trust God to love you and care for you.

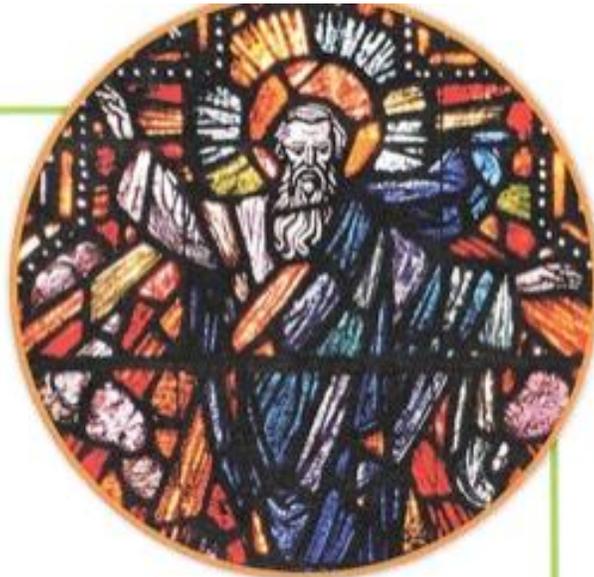
Say: Let's complete the chart on the bottom of page 7.

Quick Review

Say: Trust God; know that he will provide all that we need. We can talk and listen to God through prayer.

Connect Your Faith

Pray to God Unscramble the words below to find the first lines of the prayer Jesus taught us.



ROU HERFAT,
 OHW TRA NI
 VANHEE,
 WODLELAH EB
 HTY MENA

□	□	□	□	□	□	□	□	□	
□	□	□	□	□	□	□	□		
□	□	□	□	□	□				
□	□	□	□	□	□	□	□	□	□
□	□	□	□	□	□	□			



Match the people on the left with one thing you can trust them to do.

People in Your Life

Family Members



Friends



Teachers



Crossing Guards and
Police Officers



Members of Your Parish Family



You Can Trust Them

to protect you

to love you and take care of you

to help you grow closer to God

to help you learn

to play fair and treat you kindly

Live: Our Catholic Life

People of Faith - Blessed Julian of Norwich, 1342-1430; Feast Day - May 13

Say: Julian believed that God loves and wants to save everyone. She didn't believe that God is angry, but that he is full of love and compassion. She believed in prayer; she believed that we should ask God for help in all we do.

Display and Read the following

People of Faith

Blessed Julian of Norwich, 1342–c.1430

Blessed Julian lived in a town in England called Norwich. She loved to pray. She prayed by talking to God like she talked to her mother or father. Julian said that the whole world was like a little nut in God's hand. When we pray, we don't have to worry because God will always take care of us. Even when we are unhappy, God watches over us. Julian said that we should ask God for help in all we do. She was the first woman to write a book in English. It was about God's love.



May 13

Ask: How does God care for you? (Engage the young people to respond.)

Fun Fact of the Day

Jesus called God the Father “Abba” which means “Father.” He taught us to also call God our Father.

When you pray, what do you call God?

What the Children Should Know

- God the Father is the First Divine Person of the Holy Trinity. (CCC, 254)
- Jesus taught us that God the Father loves and cares for us. (CCC, 322)
- We rely on God the Father, praying to him and trusting he will provide what we need. (CCC, 2779-2781)
- Prayer is talking and listening to God. (CCC, 2590)

Live Your Faith

Find the Message Circle the red letters. Then copy the circled letters in order on the lines below for a special message.

EGDFMO KRNJLO ACTYZW XTOMNR VKRCBY
CVGLLO ZADRTW VMISSL NLLRST CBAMMK
USEABC CBAQVR LMEDEO PZFM MY MNOHKU

□	□	□	□	□	□	□	□	□	□	□
□	□	□	□	□	□	□	□	□	□	□
□	□	□	□	□	□	□	□	□	□	□

Name one person you can share this message with.

Student Name: _____

Date: _____

1. The _____ is the prayer Jesus taught his followers.
 - a. Glory Be
 - b. Our Father
 - c. Apostles' Creed
2. Instead of seeking many things, we should seek _____.
 - a. a good job
 - b. kind friends
 - c. God's Kingdom
3. "Don't _____ too much," Jesus said in Matthew 6:25-32.
 - a. spend
 - b. eat
 - c. worry
4. When we pray, we can call God the Father "God" or "_____."
 - a. Lord
 - b. Messiah
 - c. Holy Spirit
5. God the Father is the First Divine _____ of the Holy Trinity.
 - a. Redeemer
 - b. Person
 - c. Creator
6. Jesus said it is right to call God "Father" because he _____.
 - a. created us
 - b. cares for us
 - c. both a and b
7. A Saint is a Church _____ who loved God, was holy, and went to Heaven.
 - a. bishop
 - b. hero
 - c. prophet
8. Prayer means _____ and listening to God in your heart.
 - a. talking to
 - b. fearing
 - c. singing to

9. _____ is depending on someone to do what is best for you.

- a. Love
- b. Peace
- c. Trust

10. Jesus said that God the Father will give us _____.

- a. whatever we want
- b. what we need
- c. lots of luxuries

11. Match each option with its appropriate term.

Options

- 1. (____) Saint John Bosco
- 2. (____) prayer
- 3. (____) trust
- 4. (____) Blessed Julian of Norwich
- 5. (____) Saint

Terms

- f. talking to and listening to God
- g. cared for homeless children without parents
- h. a holy hero of the Church now with God
- i. to believe in and depend on someone
- j. prayed to God as though talking to a parent

12. Fill in the blank in the sentence below.

Jesus said that it is right to call God _____ because he created and cares for us.

13. Fill in the blank in the sentence below.

We should love God and seek his _____.

14. Fill in the blank in the sentence below.

Jesus said that God the Father will give us what we _____.

15. Fill in the blank in the sentence below.

God the _____ is the First Divine Person of the Holy Trinity.

16. Fill in the blank in the sentence below.

If we _____ God, we will not worry too much about the things we need.

17. Fill in the blank in the sentence below.

Saint John Bosco helped homeless children know that God is their loving _____.

Answer Key

1. The _____ is the prayer Jesus taught his followers.
 - a. Glory Be
 - b. Our Father
 - c. Apostles' Creed
2. Instead of seeking many things, we should seek _____.
 - a. a good job
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9. _____ is depending on someone to do what is best for you.

- a. Love
- b. Peace
- c. Trust

10. Jesus said that God the Father will give us _____.

- a. whatever we want
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- c. lots of luxuries

11. Match each option with its appropriate term.

- 1. 1 = cared for homeless children without parents
- 2. 2 = talking to and listening to God
- 3. 3 = to believe in and depend on someone
- 4. 4 = prayed to God as though talking to a parent
- 5. 5 = a holy hero of the Church now with God

12. Jesus said that it is right to call God _____ because he created and cares for us.

Father

13. We should love God and seek his _____.

Kingdom

14. Jesus said that God the Father will give us what we _____.

need

15. God the _____ is the First Divine Person of the Holy Trinity.

Father

16. If we _____ God, we will not worry too much about the things we need.

trust

17. Saint John Bosco helped homeless children know that God is their loving _____.

Father