

The Sacrament of Reconciliation

Signs of Grace: You are Forgiven

Session 6



LET'S PRAY

Dear Jesus, Thank you for your love and mercy. Thank you for the gift of your Holy Spirit. Please help me to turn back to you when I sin. And please give me the grace to avoid sin in the future. In your holy name we pray. Amen.

O my God, I am heartily sorry for having offended You.

**And I detest all my sins because of Your just punishments,
But most of all because they offend You, my God, who are
all-good and deserving of all my love.**

**I firmly resolve with the help of Your grace to sin no more
and to avoid the near occasion of sin.**

Amen.



MEMORY VERSE- REVIEW

“Let your light shine before men, that they may see your good works and give glory to your father who is in Heaven.”

(Matthew 5:16)

MEMORY VERSE



"Create in me a clean heart,
O God, and renew a right
spirit in me!"

(Psalm 51:10)

SAINT OF THE DAY

St. Faustina Kowalska

- Feast Day: October 5th
- Patron of Mercy
- From Poland
- Had the Divine Mercy image painted at Jesus' request
- Sometimes called the Secretary of Divine Mercy



RECONCILIATION: GOD'S AWESOME GIFT



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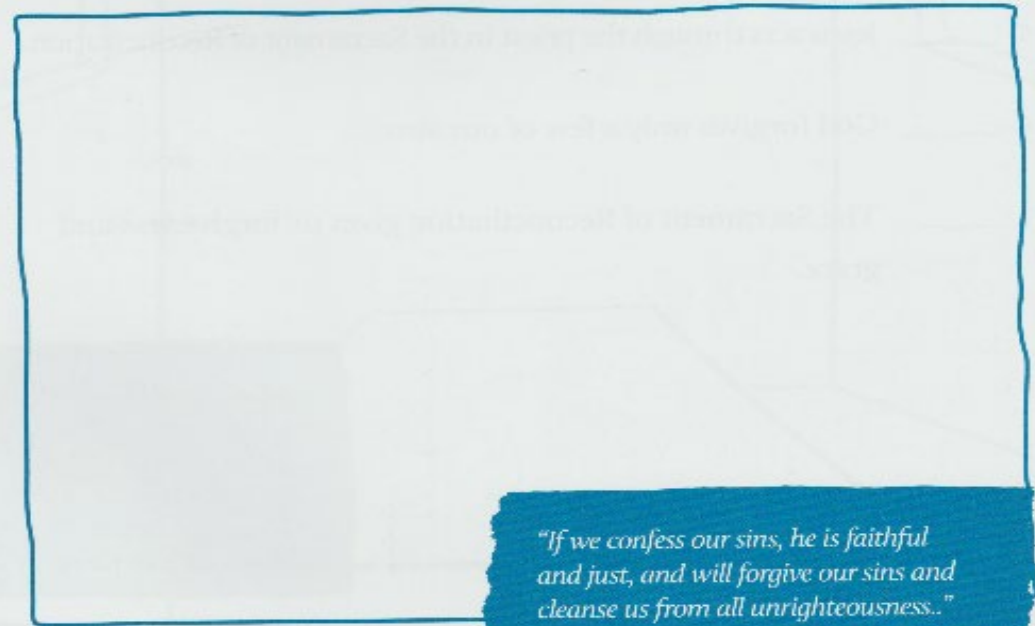
- How do we receive God's love and mercy in the Sacrament of Reconciliation?
- How is mercy the main mission of Jesus?
- What does the "Seal of Confession" mean?



LET'S LIVE IT

Prepare Your Heart

We can memorize prayers like the Act of Contrition to prepare for our First Reconciliation. But it is also good to pray and talk to God in your own words. You can talk to him at any time in your heart! He is always with you and hears all your prayers! Below, write a prayer to Jesus asking him to help prepare your heart for your First Reconciliation. Then draw a picture of you talking to God.



"If we confess our sins, he is faithful and just, and will forgive our sins and cleanse us from all unrighteousness."

— John 20:21–22

LET'S READ GOD'S WORD

“On the evening of that first day of the week, the doors being shut where the disciples were for fear of the Jews, Jesus came and stood among them and said to them, ‘Peace be with you.’ When he had said this, he showed them his hands and side. Then the disciples were glad when they saw the Lord. Jesus said to them again, ‘Peace be with you. As the Father has sent me, even so I send you.’ And when he had said this, he breathed on them, and said to them, ‘Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained.’” (Jn 20:19-23)

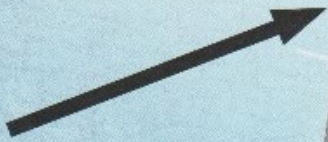


Let's Do Activities —

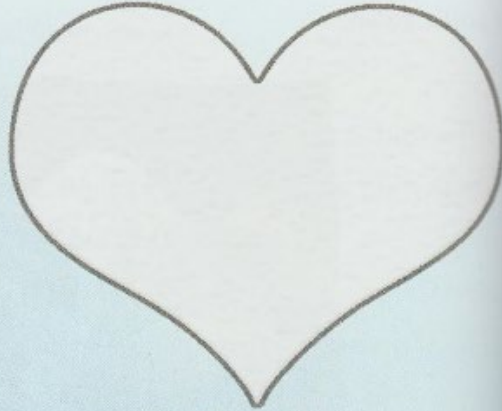
Jesus Heals My Heart

In the Sacrament of Reconciliation, Jesus is acting through the priest to forgive our sins, to give us healing, and to cleanse our hearts.

Color the hearts on the page to show what your heart looks like before Reconciliation and how it will look after Jesus heals you from your sins.



Before Reconciliation



After Reconciliation



LET'S DO ACTIVITIES

LET'S DO ACTIVITIES

Preparing for the Sacrament

You will be receiving the Sacrament of Reconciliation very soon! While you probably feel very happy at this time, you might also be a little nervous.

Finish the statements below with any feelings or questions you are having. Your parents and teachers can help you to know what to expect and answer your questions.

I am happy about...

I am a little nervous about...

I am looking forward to...

I have a question about...

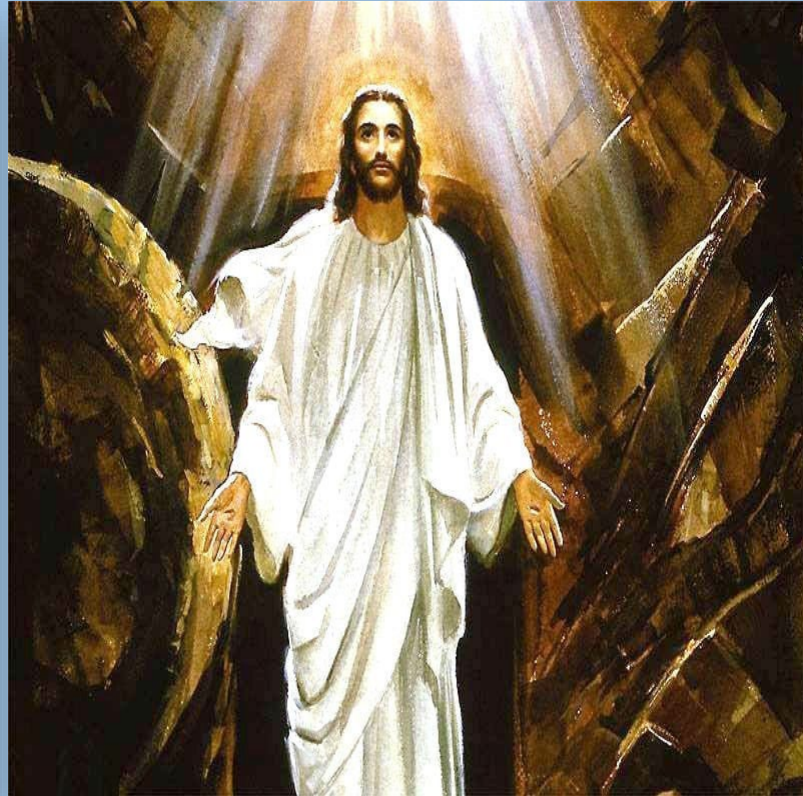
"When Jesus saw their faith, he said... 'Take heart, my son; your sins are forgiven.'"

—Matthew 9:2

LET'S LEARN ABOUT OUR FAITH



- Sacrament of Reconciliation
- Sacrament of Penance
- Sacrament of Confession
- Sacrament of Conversion



Resurrection



Successors

MEMORY VERSE



"Create in me a clean heart,
O God, and renew a right
spirit in me!"

(Psalm 51:10)