# Life in Christ

Signs of Grace- You are Forgiven Session 5



# LET'S PRAY



#### Dear Heavenly Father,

Thank you for wanting me to be happy. Thank you for giving me your laws to teach me how to live. Thank you for my conscience. Please help me to make good choices. Please help me to follow you always. And when I sin, please help me to repent. In Jesus' name I pray. Amen.

#### O my God, I am heartily sorry for having offended You.

# And I detest all my sins because of Your just punishments,

But most of all because they offend You, my God, who are all-good and deserving of all my love.

I firmly resolve with the help of Your grace to sin no more and to avoid the near occasion of sin.

Amen.

# MEMORY VERSE-REVIEW

"Go into all the world and preach the gospel to the whole creation." (Mark 16:15)



## **MEMORY VERSE**

"Let your light shine before men, that they may see your good works and give glory to your father who is in Heaven."

(Matthew 5:16)



# SAINT OF THE DAY

## St. Mother Teresa of Calcutta

- Feast Day: September 5<sup>th</sup>
- Patron of World Youth Day, Missionaries of Charity, and Calcutta
- From Albania
- Founded the Missionaries of Charity
- Encouraged everyone to share the message of God's love by doing something beautiful for God.

## MORALITY: CHOOSING WHAT IS RIGHT



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## • What does it mean to be human?

- It means that God has given us free will, free choice.
- What does it mean that we have free will? Does it mean we can do whatever we want?
  - Having free will means that we are able to choose to do what is right and what is wrong. God gave us free will so we could freely choose to love him and others.



# MORALITY: CHOOSING WHAT IS RIGHT



### • What is virtue?

• Virtue is the practice of doing good.

## • Why is virtue important?

• We have to practice living good and holy lives. Virtue helps us, by God's grace, to be like Jesus. It helps us to show God our love for him.

# • What should we do if we choose to sin?

 We should always tell God that we are sorry in the Sacrament of Reconciliation. God is always ready to forgive us. The Sacrament of Reconciliation shows us in a real way how much God loves us and forgives us, no matter what we have done.

# LET'S CONNECT

#### Jesus Heals Us from Our Sins

Jesus loves us so much! We can bring our sins to him, and he will always heal the hurt we feel and forgive us!

Place the stickers and color the picture.



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# LET'S READ GOD'S WORD

"When he saw the crowds, he went up the mountain, and after he had sat down, his disciples came to him. He began to teach them, saying:

'Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are they who mourn, for they will be comforted.

Blessed are the meek, for they will inherit the earth.

Blessed are they who hunger and thirst for righteousness, for they will be satisfied.

Blessed are the merciful, for they will be shown mercy.

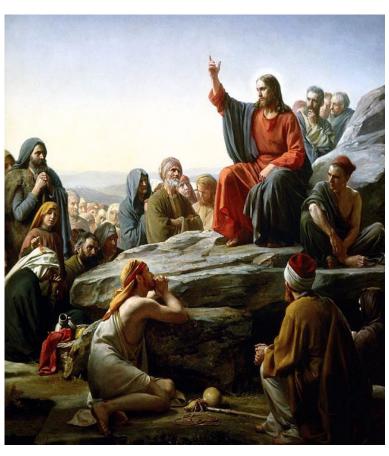
Blessed are the pure of heart, for they will see God.

Blessed are the peacemakers, for they will be called children of God.

Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.

Blessed are you when they insult you and persecute you and utter every kind of evil against you [falsely] because of me.

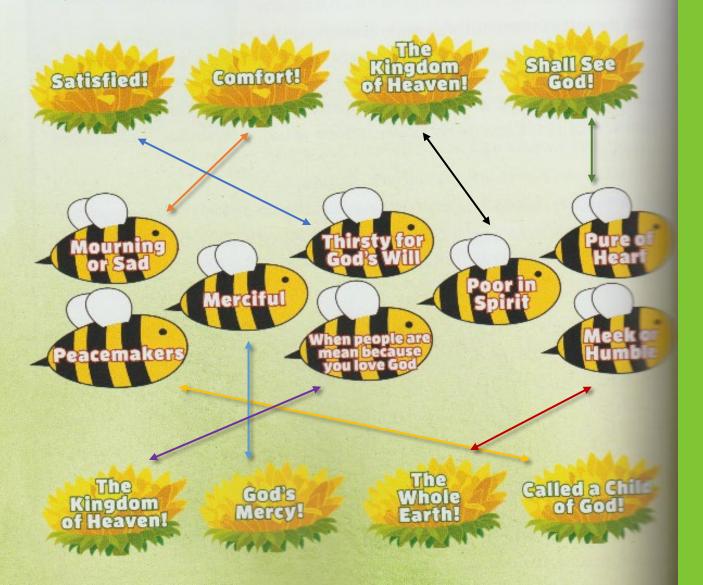
Rejoice and be glad, for your reward will be great in heaven. Thus, they persecuted the prophets who were before you.'"



(Mt 5:1-12)

### The Bee-Attitudes

Jesus knew that when we sin we hurt ourselves and others, so he gave us the Beatitudes to teach us that good choices will make us truly happy! Using the Scripture story from page 62, draw a line matching the bee with the flower that shows what will be given!

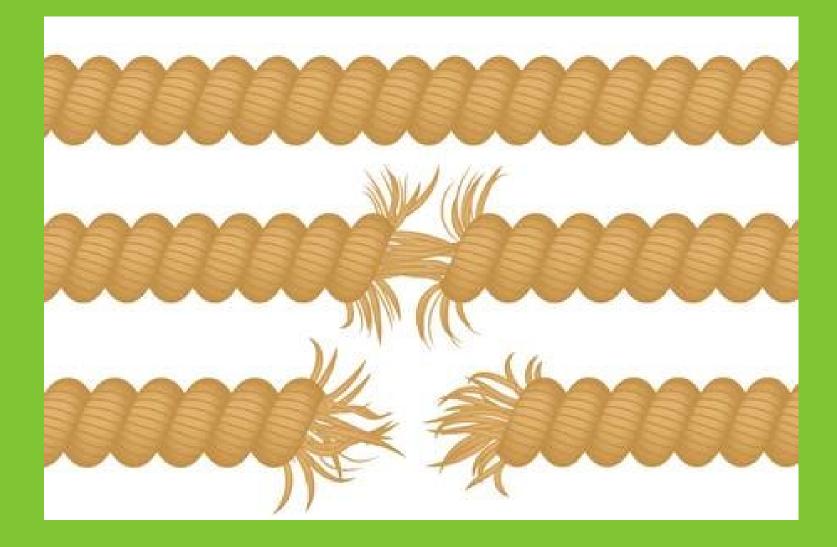


# LET'S DO ACTIVITIES

# LET'S LEARN ABOUT OUR FAITH



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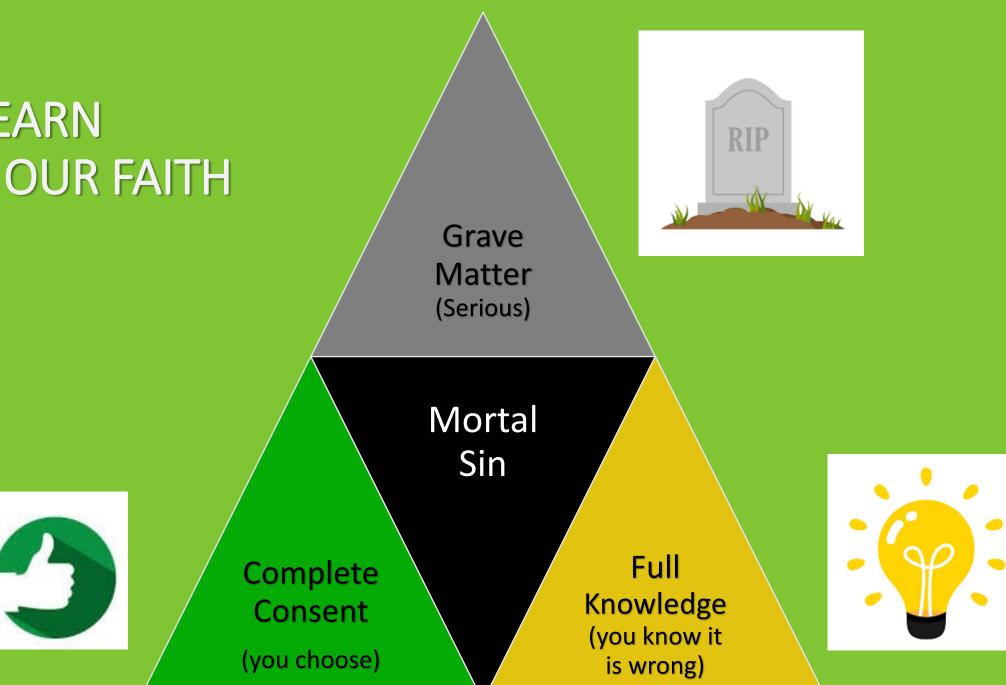


### State of Grace

## Venial Sin

### **Mortal Sin**

# LET'S LEARN **ABOUT OUR FAITH**



# LET'S LIVE IT

## Let's Live It

#### Life in Christ!

Choose the correct answer from the multiple choices. Write the letter of the correct answer in the space provided. These letters make up a special word that completes the message from Jesus to each of us.

Jesus tells us, "I will always FORGIVE your sins!"

Following God's laws makes us free to really live our lives and find 1 happiness.

F. Following G. Ignoring E. Breaking

is when we choose to do what we know is wrong. It hurts Sin 2. A us, our relationship with God, and other people.

M. accident

- N. mistake O. sin
- mortal sin is a serious sin that breaks our relationship with God, 3. A meaning we no longer have God's life of grace in us, and we are spiritually dead.
  - S. venial T. original R. mortal
- 4. A venial sin is a lesser sin that hurts our relationship with God but doesn't completely break it.

F. mortal E. original

G. venial

God

- to help us know right from 5. Our conscience is a gift from wrong so that we can do good and avoid evil.
  - K. our parents I. God I. teachers
- 6. We form our conscience by learning about God's laws through the teachings of \_\_\_\_\_\_ that God gave us to guide us.

U, the TV T. our friends

- V, the Church
- 7. Turning back to God after we have sinned is called conversion, and God will always <u>forgive</u> us!

F. reject D. ignore E. forgive

## **MEMORY VERSE**

"Let your light shine before men, that they may see your good works and give glory to your father who is in Heaven."

(Matthew 5:16)